

WEEKLY SCHEDULE

Body & Brain Yoga Tai chi, Cerritos, CA

	SUN	MON	TUE	WED	THU	FRI	SAT
10:00 AM ~ 11:10 AM			Tai Chi and Qigong in-studio online.				
06:00 PM ~ 07:10 PM			Tai Chi and Qigong in-studio online.		Tai Chi and Qigong in-studio online.		