

WEEKLY SCHEDULE

Body & Brain Yoga Tai chi, Valley, CA

	SUN	MON	TUE	WED	THU	FRI	SAT
09:30 AM ~ 10:30 AM					Tai Chi and Qigong in-studio online.		Tai Chi and Qigong in-studio
06:00 PM ~ 07:00 PM					Tai Chi and Qigong in-studio online.		