

WEEKLY SCHEDULE

Body & Brain Yoga Tai chi, Torrance, CA

	SUN	MON	TUE	WED	THU	FRI	SAT
09:00 AM ~ 10:15 AM	Tai Chi in-studio online						
10:00 AM ~ 11:15 AM			Tai Chi in-studio online		Tai Chi in-studio online		
06:00 PM ~ 07:15 PM			Tai Chi in-studio online		Tai Chi and Qigong online		