

WEEKLY SCHEDULE

Body & Brain Yoga Tai chi, Rockville Centre, NY

	SUN	MON	TUE	WED	THU	FRI	SAT
09:00 AM ~ 10:15 AM	Body & Brain Yoga (All levels)		Body & Brain Yoga (All levels)		Body & Brain Yoga (All levels)		Body & Brain Yoga (All levels)
10:00 AM ~ 11:15 AM		Body & Brain Yoga (All levels)		Body & Brain Yoga (All levels)			
11:00 AM ~ 12:15 PM	Body & Brain Yoga (All levels)						Body & Brain Yoga (All levels)
03:30 PM ~ 04:45 PM			Body & Brain Yoga (All levels)		Body & Brain Yoga (All levels)		
06:15 PM ~ 07:30 PM		Body & Brain Yoga (All levels)	Body & Brain Yoga (All levels)	Body & Brain Yoga (All levels)	Body & Brain Yoga (All levels)		
08:00 PM ~ 09:00 PM		Body & Brain Yoga (All levels)		Body & Brain Yoga (All levels)			