

WEEKLY SCHEDULE

Body & Brain Yoga Tai chi, Belt Line (DFW area), TX

	SUN	MON	TUE	WED	THU	FRI	SAT
10:00 AM ~ 11:00 AM				Qigong and Tai Chi [All levels] in-studio		Qigong and Tai Chi [All levels] in-studio	
06:30 PM ~ 07:30 PM				Qigong and Tai Chi [All levels] in-studio		Qigong and Tai Chi [All levels] in-studio	