

WEEKLY SCHEDULE

Body & Brain Yoga Tai chi, Minnetonka, MN

	SUN	MON	TUE	WED	THU	FRI	SAT
09:30 AM ~ 10:40 AM		Core Strengthening in-studio online	Body & Brain Yoga [All levels] in-studio online	Body & Brain Yoga [All levels] in-studio online	Tai Chi and Qigong in-studio online	Energy Movement in-studio online	Body & Brain Yoga [All levels] in-studio online
11:00 AM ~ 12:10 PM	Body & Brain Yoga [All levels] (In-Studio)						
06:00 PM ~ 07:10 PM		Core Strengthening in-studio online			Tai Chi and Qigong in-studio online	Energy Movement in-studio online	
06:30 PM ~ 07:40 PM			Body & Brain Yoga [All levels] in-studio online	Body & Brain Yoga [All levels] in-studio online			