

# WEEKLY SCHEDULE

## Body & Brain Yoga Tai chi, Katy, TX

	SUN	MON	TUE	WED	THU	FRI	SAT
10:30 AM ~ 11:40 AM			Tai Chi and Qigong <a href="#">online</a>	Tai Chi and Qigong <a href="#">in-studio</a> <a href="#">online</a>			
06:30 PM ~ 07:40 PM				Tai Chi <a href="#">online</a>			
07:30 PM ~ 08:40 PM					Tai Chi <a href="#">online</a>		