WEEKLY SCHEDULE

Body & Brain Yoga Tai chi, Westminster, CO

	SUN	MON	TUE	WED	THU	FRI	SAT
08:00 AM ~ 09:00 AM				Tai Chi and Qigong online			
09:30 AM ~ 10:30 AM				Tai Chi and Qigong in-studio online			
05:00 PM ~ 06:00 PM				Tai Chi and Qigong online			
06:00 PM ~ 07:00 PM				Tai Chi and Qigong in-studio			