

WEEKLY SCHEDULE

Body & Brain Yoga Tai chi, Decatur, GA

	SUN	MON	TUE	WED	THU	FRI	SAT
10:00 AM ~ 11:15 AM			Yoga and Qigong in-studio online	Tai Chi and Qigong in-studio online			Yoga and Qigong in-studio online
10:00 AM ~ 11:00 AM				Tai Chi online			
01:00 PM ~ 02:00 PM							Yoga and Qigong online
06:30 PM ~ 07:45 PM		Tai Chi and Qigong in-studio online	Yoga and Qigong in-studio online		Yoga and Qigong in-studio online		
07:00 PM ~ 08:00 PM				Tai Chi online			