

# WEEKLY SCHEDULE

## Body & Brain Yoga Tai chi, Torrance, CA

	SUN	MON	TUE	WED	THU	FRI	SAT
<b>09:00 AM ~ 10:15 AM</b>	Tai Chi and Qigong <a href="#">online</a>						
<b>10:00 AM ~ 11:15 AM</b>			Tai Chi <a href="#">online</a>		Tai Chi and Qigong <a href="#">online</a>		
<b>06:00 PM ~ 07:15 PM</b>			Tai Chi <a href="#">online</a>		Tai Chi and Qigong <a href="#">online</a>		