

WEEKLY SCHEDULE

Body & Brain Yoga Tai chi, Riverwalk, MA

	SUN	MON	TUE	WED	THU	FRI	SAT
10:00 AM ~ 11:10 AM					Tai Chi and Qigong online		
12:00 PM ~ 01:10 PM							Tai Chi and Qigong online
04:30 PM ~ 05:40 PM			Tai Chi and Qigong online				
06:30 PM ~ 07:40 PM					Tai Chi and Qigong online		