

# WEEKLY SCHEDULE

## Body & Brain Yoga Tai chi, Honolulu, HI

	SUN	MON	TUE	WED	THU	FRI	SAT
09:00 AM ~ 10:00 AM				Tai Chi and Qigong in-studio online			
06:00 PM ~ 07:00 PM				Tai Chi and Qigong in-studio online			