

# WEEKLY SCHEDULE

## Body & Brain Yoga Tai chi, Duluth, GA

	SUN	MON	TUE	WED	THU	FRI	SAT
09:00 AM ~ 10:15 AM				Tai Chi and Qigong (In-Studio)			
10:00 AM ~ 11:15 AM					Tai Chi online		
12:30 PM ~ 01:45 PM				Tai Chi and Qigong online			
06:30 PM ~ 07:45 PM					Tai Chi online		