

WEEKLY SCHEDULE

Body & Brain Yoga Tai chi, Prescott, AZ

	SUN	MON	TUE	WED	THU	FRI	SAT
09:30 AM ~ 10:40 AM			Tai Chi and Qigong in-studio online		Tai Chi and Qigong in-studio online		
04:30 PM ~ 05:40 PM			Tai Chi and Qigong in-studio online		Tai Chi and Qigong in-studio online		