

# WEEKLY SCHEDULE

## Body & Brain Yoga Tai chi, Beaverton, OR

	SUN	MON	TUE	WED	THU	FRI	SAT
<b>09:00 AM ~ 10:00 AM</b>			Tai Chi and Qigong in-studio online		Tai Chi and Qigong in-studio online		
<b>07:00 PM ~ 08:00 PM</b>			Tai Chi and Qigong in-studio online		Tai Chi and Qigong in-studio online		